

The Aging Readiness & **Competitiveness (ARC) 4.0**

Thailand

Thailand is more prepared than many other nations for the coming demographic shift, in part thanks to regular national surveys and annual reports on the status of older persons and a robust framework of coordinated community volunteers. However, it is still hampered by many of the same problems plaguing other low- and middle-income countries (LMICs), such as difficulties implementing policies. Yet, a strong sense of community and support in rural areas represent forces enabling equity in Thailand.

Demographic

The share of the population aged 65 and older will more than double from 15% to 32% in 2022-50.

Population aged 65 and older



Informal employment

The majority of workers are employed informally, who do not have secure employment contracts or workers' benefits.

% of informal employment



Income inequality

The income inequality is equal to the average level of LMICs and higher than that of high-income countries (HICs).

Gini coefficient: 0.59



Sources: UN, International Labour Organization, World Inequality Database, Economist Impact. Ecosystem for equitable healthy aging: Moderately Moderately Verv Verv unfavorable unfavorable favorable favoráble Forces enabling equity Strength Strength Forces resisting equity 4 3 2 1 1 2 3 4 **Public** Social protection: Thailand is seeking Healthcare quality: Despite the universal healthcare system, it is still to achieve universal pension coverage institutions through the non-contributory old-age difficult to access subsidized care for allowance that was implemented in 2009. chronic conditions, and gaps in the health insurance program especially affect In addition, over the years the country poor, rurally residing older adults.^{12,13} has attempted to increase participation in the formal workforce to expand There is also a shortage in the country pension coverage.1,2 Just over 89% of of the geriatric specialists needed to older adults are reached by pension care for the large older population.14 schemes, with 42% of the Thai population contributing to pensions.3 This is a massive improvement from an effective pension coverage rate of 5% in 2000. However, most older adults don't have savings, in part due to the high rate of employment in the informal sector, which translates into a lack of accumulated wealth in old age due to lower wages and higher precarity.4,5 Thailand's universal social pension alone is not enough to alleviate this poverty.6 **Educational access and quality:** Although there is gender parity in educational rates, significant educational Healthcare access: The country has a gaps remain among groups by location fairly comprehensive universal health (urban vs. rural) and wealth.¹⁵ Moreover. insurance program in place since 2002, while most older adults in Thailand which generally allows older adults to have obtained a primary education, access a minimum standard of care.7,8 older adults without formal education Local Administrative Organizations, are much more likely to be women.16 which are part of the government, help provide health services to older persons-including transport.9 The country has over one million Village Health Volunteers, which provide healthrelated support to older persons in their communities.10 They are managed and provided with stipends by the government but chosen by the communities. Lifelong learning opportunities: **Equitable** The government is working on improving healthy the quality of education and is focused on lifelong learning along with reskilling and upskilling; there's an awareness that if people have a good education, they have a better chance at healthy aging." Aging policy: The government has **Policy implementation:** The various Legislative government ministries-such as the several official programs in place targeting and policy and acknowledging older persons, Ministry of Public Health and the Ministry landscape of Labour-are not integrated, which showing a consistent commitment to for aging this demographic. There is a National makes enacting and implementing Elderly Council, established in 1982, proactive and comprehensive legislation more cumbersome.19 to specifically focus on policy issues pertaining to older adults, a committee of senior citizens, and multiple pieces of legislation underscoring the welfare and rights of older persons as a government priority-including, but not limited to, a series of National Elderly Plans, the Declaration of Thai Senior Citizens, explicit constitutional protections for older adults, and the 2003 Elderly Act.17 Age-friendly data: Thailand makes a Age discrimination laws: Thailand strong commitment to data collection has not enacted specific legislation through various surveys. Despite the to prohibit age discrimination.20 availability of data on older adults, there remains no centralized system to aggregate these data sets and databases. Typically, different agencies collect data separately and manually, which means that comprehensive and unified information on the experiences and needs of the older population are not effectively compiled.18 Age-friendly Civil society: Thailand has a robust Networks of care: Traditional informal civil society that assists older persons networks of care are degrading as older society with their needs. Some of these efforts people typically have fewer children, are facilitated by the government, leading to an increase in the ratio of older adults to working-age people.^{22,23} such as the Village Health Volunteers program. Senior citizens' groups run day centers for older adults to use.21

Methodology: As part of the ARC 4.0 initiative, Economist Impact employed a technique to evaluate the ecosystem for achieving equitable healthy aging in 10 countries based on Kurt Lewin's force field analysis. This approach compares forces that either promote or resist change, allowing for analysis of factors that may not be readily comparable within and across all countries. Building on our desk research and supplemented by expert interviews, we outline the forces that enable and hamper aging equity. We then conduct a qualitative assessment to score their relative strength on a scale from 1 ("weak") to 4 ("strong"). All scores were independently assessed by two raters (with an inter-rater reliability-Cohen's kappa-of .72), who then reconciled differences.

Lack of inclusion of a force does not necessarily indicate its absence from a country. It typically means that we decided to focus elsewhere or that there was not adequate research available on the particular subject. Moreover, because of the nature of evaluation-complex matters are collapsed into simple scores-we note that not all readers will agree with all scores. Further, these scores are not intended to facilitate explicit rating or ranking, but rather to foster qualitative examination of complex dynamics through simplified heuristics. It is our hope that these overviews will encourage reflection and action.

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