Workers 45-plus want opportunities, regardless of their age

Three in five agree that age does not limit their ability to work

57% ages 45-plus
60% ages 25 – 44

Workers want to continue learning

Nearly half have participated in job-related skills training in the past five years

49% ages 45-plus
61% ages 25 – 44*

51% say the top reason for taking job skills training is to update skills for better job performance

Workers want flexibility

Half (48%) want adjustable scheduling and remote work options

95% ages 45-plus
87% ages 25 – 44*

and maintaining a work-life balance

93% ages 45-plus
86% ages 25 – 44*

Workers 45-plus value being part of a multigenerational workforce

Three in five say they have the opportunity to work with people of different generations

62% ages 45-plus
68% ages 25 – 44

Among those who do, 64% say their workplace values different perspectives and opinions

For more information on AARP’s partnership with the World Economic Forum and the OECD, visit www.aarpinternational.org/LLEL

*Denotes significant age differences
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